



# How We Got Here: The 70's: The Decade that Brought You Modern Life (For Better or Worse)

*David Frum*

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For many, the 1970s evoke the Brady Bunch and the birth of disco. In this first, thematic popular history of the decade, David Frum argues that it was the 1970s, not the 1960s, that created modern America and altered the American personality forever. A society that had valued faith, self-reliance, self-sacrifice, and family loyalty evolved in little more than a decade into one characterized by superstition, self-interest, narcissism, and guilt. Frum examines this metamorphosis through the rise to cultural dominance of faddish psychology, astrology, drugs, religious cults, and consumer debt, and profiles such prominent players of the decade as Werner Erhard, Alex Comfort, and Jerry Brown. *How We Got Here* is lively and provocative reading.

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