



Transpersonal Research Methods for the Social Sciences: Honoring Human Experience (Progress in Neural Processing; 7)

William Braud, Rosemarie Anderson

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There is no shortage of research methods that are easily applied to the study of everyday human experience. How, though, does one attempt to study extraordinary human experiences - ultimate values and meanings, peak experiences, transcendence and heightened awareness, among others.

William Braud and Rosemarie Anderson introduce a series of transpersonal research methods that are intended to help researchers develop new ways of knowing and methods of inquiry. While these methods will be of particular interest to researchers in transpersonal psychology, humanistic psychology, or transpersonal studies applied to traditional fields, the authors argue that these approaches - with their emphasis on developing intuition, empathy and self-awareness – can benefit anyone involved in the research enterprise across many disciplines.

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