



# How Your Mind Can Heal Your Body

*David R. Hamilton*

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## **How Your Mind Can Heal Your Body** David R. Hamilton

The connection between your mind and body is close, powerful, and often a valuable tool in taking control of your life and ambitions. The power of thought can affect you in profound ways, particularly in regards to its truly incredible effect on your health, explored in detail within these pages.

This fascinating book by cutting-edge scientist **David R. Hamilton** explores the power of visualization, belief, and positive thinking—and their effects on the body. He also presents a revolutionary quantum-field healing meditation—through which you can change yourself on an atomic level—and shows you how you can use your imagination and thought processes to combat disease, pain, and illness.

You will see how science and belief systems can merge . . . so that you can heal yourself more effectively than ever before!

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