



# **EFT Tapping Statements for Champion, Success, Personal Power, Self Confidence, Role Model**

*Tessa Cason*

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# EFT Tapping Statements for Champion, Success, Personal Power, Self Confidence, Role Model

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EFT TAPPING STATEMENTS FOR CHAMPION, SUCCESS, PERSONAL POWER, SELF CONFIDENCE, ROLE MODEL (1,000 EFT Tapping Statements) Being a champion is more than just being successful. It is the achievement of excellence. It is more than just being competent. It is about stepping into one's power. It is more than just setting goals. It's the achievement of those goals with dedication, determination, and perseverance. It is not just about the practicing, training, and learning. It is the application and implementation of the training and learning into a competition and into everyday situations. IT'S ABOUT PUTTING IT ALL TOGETHER AND COMPLETELY FULFILLING OUR POTENTIAL. Champions are successful, but not all successful people are champions. Champions are powerful, but not all powerful people are champions. Champions are confident but not all confident people are champions. Champions dream big but not all people that dream big are champions. A champion dreams big, is confident that the dreams will come true, and does the work necessary to be successful and powerful. It's about putting it all together and completely fulfilling our potential. Champions are rare. If being a champion was easy then everyone would be a champion and a champion would not be anything special. It is in the difficulty of the task that, once accomplished, makes a champion great. IN THIS BOOK, I HAVE 5 DIFFERENT TOPICS RELATING TO BEING A CHAMPION: \* CHAMPION \* SUCCESS \* PERSONAL POWER \* SELF CONFIDENCE \* ROLE MODEL Being a Champion requires us to step into our personal power and have confidence in ourselves. Two results of being a champion are success and being a role model. This book lists 1,000 potential mis-belief statements that any one of them can stop and block us from becoming a champion. To heal a mis-belief we need a powerful tool. EFT Tapping is one such tool. The first portion of the book is about transformation and healing. The middle section covers the basics of EFT Tapping and the last section covers the mis-beliefs that prevent us from becoming a champion. I am an EFT Practitioner and in this Workbook I have provided information about EFT Tapping as well as 1,000 EFT Tapping statements that have helped my clients excel.

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