



Psychological Approaches to Sports Injury Rehabilitation: Distributed by Lippincott Williams & Wilkins

Jim Taylor PhD, Shel Taylor MA CSMT

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This text shows readers how to apply groundbreaking psychological techniques to enhance sports rehabilitation programs. It helps answer such questions as: How do I motivate my patients during therapy sessions? How can my patients maintain a positive attitude in the face of pain and slow progress? What should I do to help my patients overcome their fear of reinjury? What can I do to facilitate the rehabilitation process for my patients?

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