



The Handbook of Contraception: A Guide for Practical Management (Current Clinical Practice)

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This book presents an up-to-date and comprehensive review of female contraception. It offers an extensive overview of contraception types, including oral, injectable, emergency, and various cervical barrier contraceptives, as well as behavioral and sterilization methods, and discusses the clinical effectiveness, advantages, disadvantages, side effects, and mechanisms of action of each method. Thoroughly revised and updated, the second edition includes coverage of chewable contraceptives, new progestins, new quadruphasic OCP regimen, Nexplanon, which is replacing the Implanon contraceptive implant, and new methods of tubal sterilization. There is also a new chapter devoted to current controversies. Each chapter also includes counseling tips that answer common questions many clinicians and patients have about contraception. The advances in contraception technologies are interplayed with practical advice on choosing the most effective and appropriate contraception for patients, from those who are young and healthy to those with serious medical diseases. *The Handbook of Contraception*, Second Edition, is an incomparable reference for obstetricians, gynecologists, and primary care physicians.

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