



Handbook of Solution-Focused Brief Therapy (Jossey-Bass Psychology)

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The definitive guide for succeeding in an era of managed care This state-of-the-art resource - a compilation of works from the nation's leading practitioners - offers mental health practitioners the tools for applying solution-focused brief therapy (SFBT) techniques. Filled with the most current research information, illustrative case examples, and practical suggestions, it uses a framework that integrates the solution-focused model with the problem-focused approach, and offers specific guidance for applying methods across treatment settings. Proven to be effective across economic, gender, and racial lines, this guide will lead to an increased number of therapeutic options for success in an era of managed care.

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