



The Management of Eating Disorders and Obesity (Nutrition and Health)

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A panel of internationally recognized eating disorder experts has expanded and fully updated this widely acclaimed book to reflect recent scientific and therapeutic developments. Stressing human physiology, treatment, and disease prevention, the authors take advantage of the new molecular understanding of the biological regulation of energy. Updated chapters review specific evidence-based and future treatment modalities, present an objective evaluation of the treatment, and identify the positives and negatives that have been seen during clinical studies, as well as cumulative data derived from clinical practice. New chapters include material on the use of the internet in the education and treatment of eating disorders and obesity, and on the role of appetite and satiety in obesity treatment, particularly with regard to the carbohydrate diet.

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