

# ESSENTIAL OILS AND AROMATHERAPY FOR BEGINNERS BOX-SET#1: Secrets To Get Started Using Essential Oils And Aromatherapy, To Rejuvenate Your Skin, Improve ... Pocket Reference, Essential Oils Guide)

Lisa Johnson

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## **Unleash the Secrets of Essential Oils And Aromatherapy For Beginners**

LIMITED-TIME BONUS INCLUDED!

#### BOOK 1

# Essential Oils For Beginners - Secrets To Get Started And Use essential Oils To Rejunvenate Your Skin, Improve Your Hair, And Relax Your Body And Mind

Essential Oils are a natural way to improve your health and well being. Now is your chance to gain a greater insight into the wonderful ways essential oils can improve your overall health and well being. Take Action Right Now to Learn what you need to know about Essential Oils! Discover a natural and practical alternative to your regular drugstore medicines for common health problems Does stress eat you up? Are you anxious about your hair and skin situation? We know you have tried several solutions, because we did. Although the effectiveness varies and the solutions are often costly, we still resort to them because of a lack of an alternative. Trying out something different poses some risks, but not when you fully understand and grasp its essence.

#### Here is a preview of what you will Learn

- The Basics of Essential Oils
- Common Uses and Applications
- Stress Relieving Methods
- Treatment to Skin Problems

- Remedy to Common Hair Issues
- Natural Skin and Hair Care Regimen

#### BOOK 2

#### Wow, 30 Recipes To Rejuvenate Your Skin, Improve Your Hair And Relax Your Body And Mind

Are you tired of using different body creams that never give you that smooth skin or those pain killers and sedatives that never seem to relax your body and mind or are you looking to improve your hair using natural methods? If this is your predicament, then this great book, packed with loads of valuable information, brings you the solution you have been looking for. This all natural solution will help you rejuvenate your skin, improve your hair, and relax your body and mind. You can always find what works for you from the 30 unique, yet simple recipes outlined in the book.

#### Why Should You Buy This Book?

If you are looking for a book that will help you to Rejuvenate Your Skin? If you are looking for a book that will Improve Your Hair? If you are looking for a book that will help you Relax Your Body And Mind? If you are looking to de-stress and feel great? If you are ever find yourself looking or not knowing what ingredients or oils to use? Then you need to grab a copy of "Essential Oils - Secrets Of Essential Oils And Aromatherapy For Beginners: 30 Recipes To Rejuvenate Your Skin, Improve Your Hair And Relax Your Body And Mind" right Now! Because Lisa Johnson, will reveal to you the recipes you need in a simple and easily. Take a step to a better you and download this book now!

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