



# **Brain Games for Dogs: Fun Ways to Build a Strong Bond with Your Dog and Provide It with Vital Mental Stimulation**

*Claire Arrowsmith*

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**Ideal for the growing number of dog owners who know that mental activity is as important as exercise when it comes to their dog's health and happiness.**

This book provides more than just fun ways to challenge a dog's thinking and puzzle-solving ability. Claire Arrowsmith strongly suggests that such challenges help build a strong bond between a dog and its owner. She examines the accepted evidence of the importance of mental stimulation and why it's important to use only reward-based teaching methods. She also explains how to use hand signals and incorporate mental challenges and learning into everyday activities.

Icons for each game indicate whether it is interactive, solo or group, where it can be played, the level of difficulty and whether any props or toys are used. Some of these great games are:

- Puppy Play
- Hide and Seek
- Carry It
- Egg and Spoon Race
- Mini Agility Course
- Nature's Obstacle Course
- Find the Treat
- Roll Over, Play Dead and other performance tricks

With straightforward text and full-color photographs, ***Brain Games for Dogs*** is a valuable guide to important elements for successful and fun dog training.

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