

Expanding the Practice of Sex Therapy: An Integrative Model for Exploring Desire and Intimacy

Gina Ogden



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Winner of the 2014 AASECT Professional Book Award!

Look beyond behavioral treatments, pharmaceutical interventions, and performance goals to a more comprehensive picture of what your clients want and need when they enter sex therapy. Gina Ogden is a master therapist, supervisor, researcher, teacher, and author with four decades of helping clients and training health professionals. Her ISIS Wheel of Sexual Experience is an innovative template that recognizes the full range of sexual issues: physical, emotional, mental, and spiritual. *Expanding the Practice of Sex Therapy* offers you new language to discuss sexual issues and creative ways to engage clients in their own therapeutic process–whether or not you are trained as a sex therapist. The text is organized in four practice-oriented sections that introduce the ISIS Wheel, show you how you can use it with individuals, couples, and groups, and encourage you to explore it on your own.

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