



After Suicide: A Ray Of Hope For Those Left Behind

E. Betsy Ross

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Beginning with her own story of coping with her husband's suicide, Eleanora Betsy Ross takes the reader beyond the silence and shame often associated with suicide and shatters some of the most pervasive myths surrounding this common tragedy. By examining the dynamics of after-suicide bereavement and using dozens of real-life case histories, After Suicide offers hope for the survivors and helps them maintain their sanity and poise during this most difficult time. Backed by years of research and the author's extensive work with survivors and support groups, this book is a valuable guide to coping with a suicide for both survivors and those who work with them. Capped by a comprehensive resource guide, After Suicide stands as an important resource for anyone who has to deal with this loss.



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