



# Child Art Therapy: Understanding and Helping Children Grow through Art, 2nd Edition

*Judith Aron Rubin*

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Art therapy specifically directed to the needs and concerns of children has grown into a major area of psychological interest in a very few years. The original edition of Child Art Therapy was a significant contribution to the literature of this field - describing a broad range of educational and clinical settings within which to develop an understanding of a child's ideas and needs, as well as helping the child gain awareness, acceptance, liking, and control of his or her own feeling--self. This revised edition provides updated information on progress in child art therapy and explores the author's recent experiences in the field, including work with deaf children and multimodal therapy involving the closely related activities of art therapy and play therapy. Perhaps the most outstanding feature of this edition is the inclusion of photographs of children's original art throughout the book: these works, better than any representation, eloquently communicate the often paradoxical combination of simplicity and nuance that typifies the thoughts and feelings of children. An essential tool for art therapists and art teachers, Child Art Therapy will also be a valuable aid for anyone who strives to nurture the creative processes in children and to help children fully realize their potential.

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