



# Dying to win - Doping in sport and the development of anti-doping policy

*B. Houlihan*

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## **Dying to win - Doping in sport and the development of anti-doping policy** B. Houlihan

Doping in sport traces the social importance of sport in recent history and the evolution of doping in major sports events. It lists banned substances and practices, discusses their physical effects and describes the policies and controls which are being introduced, both nationally and internationally. The control of doping, ranging from the practicalities of monitoring and coverage of major events to the harmonisation of both practise and policy among the major world sports bodies leads to a reevaluation of the direction for future anti-doping policy. At present there is not enough common understanding between the different organisations, governments and sports bodies. Today sport is a highly commercialised and professional activity and governments are obliged to take more and more interest in the protection of athletes. An additional source of ambiguity arises from the intimate involvement of the sports administration, medical and pharmaceutical professions in the development and refinement of drugs and their monitoring.

This book will be of particular interest to sports organisations and administrators, athletes, trainers, the sports medicine and pharmaceutical professions, athletes themselves and all those who are interested in sport and what lies behind today's high performance sport.

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