



**The 1-2-3 Magic Workbook: Effective Discipline
for Children 2-12 [Paperback] [2011] Workbook
Ed. Thomas W. Phelan PhD, Tracy M. Lewis BA**

Thomas W. Phelan PhD

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This companion workbook to 1-2-3 Magic takes parents carefully through the program in a way that maximizes understanding, encourages constructive self-evaluation, and provides for systematic planning of parenting strategies. This successful, straightforward program has guided parents through the difficult task of raising competent and happy children for more than 20 years and shows mothers and fathers how to achieve three crucial parenting objectives-controlling obnoxious behavior, encouraging good behavior, and strengthening the parent-child relationship. The program's simple steps are explained in greater detail, and each workbook chapter contains a summary, questions about the content, case studies, troubleshooting exercises, and wrap-up bullets. In addition to providing material for parents, this guide includes curricula and activities for group leaders and teachers as well as tactics for addressing the challenges that commonly arise when trainers teach the method in group environments. Extensive reference and resource sections also suggest further research and follow-up study.

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